



River Park SENIOR LIVING

INDEPENDENT LIVING
ASSISTED LIVING & MEMORY CARE

Our Management Team

Executive Director - Tommy Jackson
Resident Care Director - Robertta DeBruhl
Marketing Director - Alice Roberts
Food Service Director - Tara Knowlin
Maintenance Director - Tony Umshares
Activity Director - Kelly A. Dyer
Business Office Manager - Chrystal Hillman

Special Care Unit:

Activity Director - Al Kuzio
Special Care Coordinator - Javona
Hickman-Stanley

Find Your Place With Us!

River Park Senior Living

190 River Park Drive, Little River, SC 29566

843.741.0082

www.riverparkassistedliving.com



November 2021



Bon Appetit!

"One of the very nicest things about life is the way we must regularly stop whatever it is we are doing and devote our attention to eating." —Luciano Pavarotti

Fill Up on Football

Like turkey and pumpkin pie, pro football is also a Thanksgiving Day staple. Every year since 1934, the Detroit Lions have hosted an afternoon game. In 1966, the Dallas Cowboys joined in the tradition. A nighttime matchup was added in 2006 with the remaining NFL teams rotating as hosts.

A Seasonal Squash

With green and orange skin and a nutty flavor, acorn squash makes a festive appearance on many fall tables. Though the vegetable is more closely related to zucchini and other summer squash varieties, it's treated as a winter squash, meaning it has matured fully on the vine so it can be stored long-term. Historians say acorn squash was one of the first crops to be cultivated by Native Americans, who made it a staple of their diet.



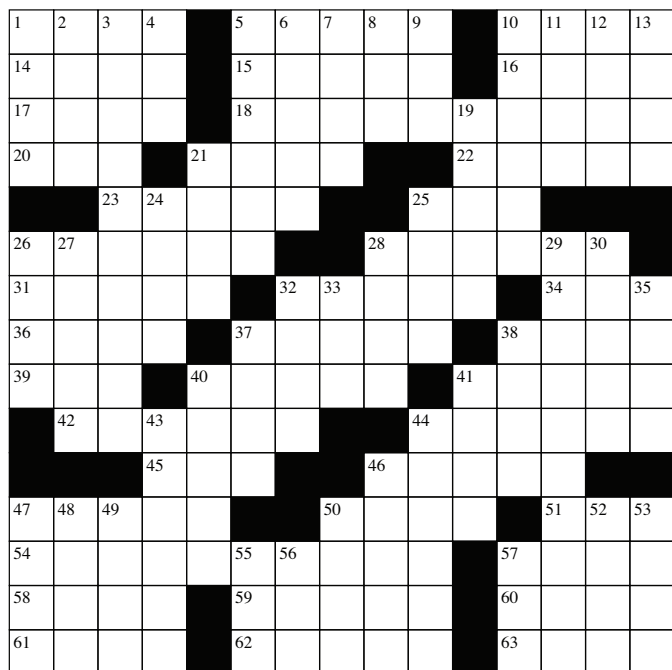
November 2021

- A Activity Room
- B Bistro
- I Independent
- O Out Trip

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|--|
| <p>Happy Birthday to: 11/02 - Ernie Z. 11/03 - Ernestine M. 11/11 - Wanda S. 11/16 - Barbara P. 11/21 - Millie U. 11/29 - Daphne C.</p> | <p>1 9:00 I River Park Chronicle 10:15 A Exercise 10:45 A Competitive Games 11:00 A Trivia 2:00 BINGO 3:30 B Musical Monday - Classical Composers - Listen/Discuss 6:00 I Reminisce with Friends</p> | <p>2 9:00 I River Park Chronicle 10:00 A Tasty Tuesday Baking Club 11:00 A Reminisce & Drinks 1:00 A Manicures & Fingernail Care 4:00 A iN2L Computer Games 6:00 A Games with Kelly</p> | <p>3 9:00 I River Park Chronicle 10:15 A Stretches 10:45 A Target Disc Throw 11:00 A State Travel 1:30 A Rosary Prayer Group 2:00 A Bible Discussion with Kelly 3:00 A Pass the Hat 6:00 I Color Me Happy</p> | <p>4 9:00 I River Park Chronicle 10:15 A Work It Out/Twister Toss Game & Karaoke 1:00 A Armchair Travel 1:30 A Play On Words with Marie 2:00 A Dice Games 3:00 B Thirsty Thursday - Brain Games & Mocktails 6:00 I The Bored Board Games</p> | <p>5 9:00 I River Park Chronicle 10:00 A Exercise 11:00 A 20 Questions & More 2:00 BINGO 3:30 A IN2L Computer Brain Games 7:00 I TV - Wheel of Fortune</p> | <p>6 10:00 I Walking Club - Walk the Hallways 11:00 A Crosswords, Word Search, Sudoku and More 3:00 A Table Games - Cards, Dominoes and more 6:00 I Check Out The Bored Board - Grab & Go</p> |
| <p>7 10:00 B Morning Chatter with your peers 1:30 A Pastor Rob Nondenominational Church Service 2:00 B Sunday Matinee Movie & Treats 6:00 A Check Out The Bored Board - Grab & Go</p> | <p>8 9:00 I River Park Chronicle 10:15 A Exercise 10:45 A Competitive Games 11:00 A Categories 2:00 BINGO 3:30 B Musical Monday - Country - Listen/Discuss 6:00 I Reminisce with Friends</p> | <p>9 9:00 I River Park Chronicle 10:00 A Crafts & More 11:00 A Reminisce & Drinks 1:00 A Manicures & Fingernail Care 4:00 A iN2L Computer Games 6:00 A Games with Kelly</p> | <p>10 9:00 I River Park Chronicle 10:15 A Stretches 10:30 A Alphabet Category Toss 11:00 A State Travel 1:30 A Rosary Prayer Group 2:00 A Bible Discussion with Kelly 3:00 A Pass the Hat 6:00 I Color Me Happy</p> | <p>11 Veterans Day 9:00 I River Park Chronicle 10:00 O Veterans attend the local service 1:00 A Armchair Travel 1:30 A Play On Words with Marie 2:00 A Dice Games 6:00 I The Bored Board Games</p> | <p>12 9:00 I River Park Chronicle 10:00 A Exercise 10:30 A Basket Point Ball 10:45 A Resident Council Meeting 11:00 A 20 Questions & More 2:00 BINGO 3:30 A IN2L Computer Brain Games 7:00 I TV - Wheel of Fortune</p> | <p>13 10:00 I Walking Club - Walk the Hallways 11:00 A Crosswords, Word Search, Sudoku and More 3:00 A Table Games - Cards, Dominoes and more 6:00 I Check Out The Bored Board - Grab & Go</p> |
| <p>14 10:00 B Morning Chatter with your peers 1:30 A Pastor Rob Nondenominational Church Service 2:00 B Sunday Matinee Movie & Treats 6:00 A Check Out The Bored Board - Grab & Go</p> | <p>15 9:00 I River Park Chronicle 10:15 A Exercise 10:45 A Competitive Games 11:00 A Trivia 2:00 BINGO 3:30 B Musical Monday - Hits Over the Ages- Listen/Discuss 6:00 I Reminisce with Friends</p> | <p>16 9:00 I River Park Chronicle 10:00 A Tasty Tuesday Baking Club 11:00 A Reminisce & Drinks 1:00 A Manicures & Fingernail Care 4:00 A iN2L Computer Games 6:00 A Games with Kelly</p> | <p>17 9:00 I River Park Chronicle 10:15 A Stretches 10:45 A Target Disc Throw 11:00 A State Travel 1:30 A Rosary Prayer Group 2:00 A Bible Discussion with Kelly 3:00 A Pass the Hat 6:00 I Color Me Happy</p> | <p>18 9:00 I River Park Chronicle 10:15 A Work It Out/Twister Toss Game & Karaoke 1:00 A Armchair Travel 1:30 A Play On Words with Marie 2:00 A Dice Games 3:00 B Thirsty Thursday - Brain Games & Mocktails 6:00 I The Bored Board Games</p> | <p>19 9:00 I River Park Chronicle 10:00 A Exercise 11:00 A 20 Questions & More 2:00 BINGO 3:30 A IN2L Computer Brain Games 7:00 I TV - Wheel of Fortune</p> | <p>20 10:00 I Walking Club - Walk the Hallways 11:00 A Crosswords, Word Search, Sudoku and More 3:00 A Table Games - Cards, Dominoes and more 6:00 I Check Out The Bored Board - Grab & Go</p> |
| <p>21 10:00 B Morning Chatter with your peers 1:30 A Pastor Rob Nondenominational Church Service 2:00 B Sunday Matinee Movie & Treats 6:00 A Check Out The Bored Board - Grab & Go</p> | <p>22 9:00 I River Park Chronicle 10:15 A Exercise 10:45 A Competitive Games 11:00 A Categories 2:00 BINGO 3:30 B Musical Monday - Motown Music - Listen/Discuss 6:00 I Reminisce with Friends</p> | <p>23 9:00 I River Park Chronicle 10:00 A Crafts & More 11:00 A Reminisce & Drinks 1:00 A Manicures & Fingernail Care 4:00 A iN2L Computer Games 6:00 A Games with Kelly</p> | <p>24 9:00 I River Park Chronicle 10:00 A Holiday puzzles and coloring papers 1:30 A Rosary Prayer Group 6:00 I Color Me Happy</p> | <p>25 Thanksgiving 9:00 B Macy's Thanksgiving Day Parade and Holiday Treats 2:00 B Holiday Movie & Treats</p> | <p>26 Tree Set-Up and Decor Begins! 9:00 I River Park Chronicle 10:00 A Exercise 10:30 A Basket Point Ball 11:00 A 20 Questions & More 2:00 BINGO 3:30 A IN2L Computer Brain Games 7:00 I TV - Wheel of Fortune</p> | <p>27 10:00 I Walking Club - Walk the Hallways 11:00 A Crosswords, Word Search, Sudoku and More 3:00 A Table Games - Cards, Dominoes and more 6:00 I Check Out The Bored Board - Grab & Go</p> |
| <p>28 10:00 B Morning Chatter with your peers 1:30 A Pastor Rob Nondenominational Church Service 2:00 B Sunday Matinee Movie & Treats 6:00 A Check Out The Bored Board - Grab & Go</p> | <p>29 Set Up Bistro Tree 9:00 I River Park Chronicle 10:15 A Exercise 10:45 A Competitive Games 11:00 A Trivia 2:00 BINGO 3:30 B Musical Monday - Resident Request Songs 6:00 I Reminisce with Friends</p> | <p>30 Set Up Activity Room Tree 9:00 I River Park Chronicle 10:00 A Tasty Tuesday Baking Club 11:00 A Reminisce & Drinks 1:00 A Manicures & Fingernail Care 4:00 A iN2L Computer Games 6:00 A Games with Kelly</p> | | | | |

November 2021

Crossword Puzzle



ACROSS

1. Mexican lunch, perhaps
5. Stories
10. Offspring
14. Stench
15. Old Greek marketplace
16. Event usually held in May
17. Incline
18. Handle skillfully
20. R-V center
21. Word used to describe a baby
22. Actress Zellweger
23. Free-for-all
25. Pulitzer winner "The ___ of Innocence"
26. Handbook
28. Current styles
31. Eats like ___
32. Sandwich necessity
34. List-shortening abbr.
36. Mediocre
37. Warbling sound
38. 8100 square feet, for a baseball diamond
39. Trinitrotoluene, familiarly
40. Veiled one
41. Bilbao's location
42. Respect highly
44. Sinks
45. Loft bundle
46. Everybody's button
47. City on the Rhone

DOWN

1. Little kids
2. Miner's entry
3. Ann & Abby, once
4. Discarded piece
5. ___ L. Jackson
6. Marble
7. Vanished
8. Late Greek tycoon
9. Exhaust
10. Lymphatic organ
11. Algerian port
12. Musical symbol
13. Pintail duck
19. Incited
21. ___ in; wearing
24. Franc replacer
25. Russian sea
26. Vertical pole
27. Have ___ to pick
28. Prefix for graph or communication

29. Train mishap
30. Large beer mug
32. Teacup's edge
33. ___ of; free from
35. Fires
37. Playing card
38. Cathedral projection
39. Animal
41. Keep
43. From that place
44. Trade
46. Mother-of-pearl
47. Highest point
48. Charles VII and Henry II
49. Strong desire
50. Worms, often
52. Advantage
53. Abound
55. Earthbound bird
56. Nonsense
57. One hundred two



"This Month In History" NOVEMBER

1924: Establishing an annual tradition, New York City's Macy's department store puts on its first Thanksgiving Day parade.

1936: The first issue of Life magazine is published.

1942: Coffee is added to the list of items rationed in the U.S. due to World War II.

1963: Push-button telephones debut as an alternative to rotary-dial models.

1971: A new U.S. dollar coin, depicting

President Dwight D. Eisenhower on the front, is put into circulation.

1981: Paul "Bear" Bryant, football coach of the University of Alabama, wins the 315th game of his career. It set the record for most wins of any NCAA head coach at the time.

1995: "Toy Story," the first feature film created by Disney's Pixar Animation Studios, premieres to rave reviews.

2003: At age 21, Britney Spears becomes the youngest female singer to get a star on the Hollywood Walk of Fame.

2014: The 104-story skyscraper One World Trade Center officially opens for business, 13 years after the site's original twin towers were destroyed on 9/11.